

Pre-operative instructions

Please read carefully

01

General pre-surgical instructions

- Clean your mouth and teeth prior to surgery
- No smoking for at least 24 hours before surgery. Ideally, cut down or stop smoking as soon as possible prior to the day of surgery.
- No marijuana/THC products for at least 72 hours (3 days) before surgery. Ideally, cut down or stop smoking as soon as possible prior to the day of surgery.
- Please wear loose fitting clothing with sleeves which can be rolled up past the elbow, and low-heeled shoes.
- If you take routine oral medications, please check with Dr. Giglou/Dr. Bates during your consultation appointment for instructions.
- Inform your surgeon if you feel ill (cold/sore throat), are congested, have a productive cough, stomach or upset bowels, or experience nausea or diarrhea.

02

Sedation/General Anesthesia instructions

- Follow ALL general instructions above
- You may not have anything to eat or drink for **eight (8) hours** prior to the appointment.
- A responsible adult must accompany the patient to the office, remain in the office during the procedure, and drive the patient home.
- Minors (under age 18) must have a parent or legal guardian present at the time of surgery
- Contact lenses, jewelry, and dentures must be removed at the time of surgery.
- Do not wear lipstick, excessive makeup, or nail polish on the day of surgery.
- The patient should not drive a vehicle or operate any machinery for 24 hours following anesthesia.

For questions or concerns during
office hours please contact:

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